Introduction

- Welcome, Teachers!
- Our Lives ESL
- Our Vision
- Credits
- Placement Assessments
- Teacher Note
- Level 1
- Level 2
- Level 3
- Level 4

Chapter 1: Food and Restaurants

- Teacher Note
- So Much Food!
- Going Out to Eat
- Leap into Language! Count and Non-Count Nouns
- Presentation
- Talking About Food
- Now, You Try! Activities
- Fill in the Chart
- Read and Choose
- Look and Write
- Write and Share
- Listen and Record
- Write a List
- Think and Write
- Read and Sort
- Write a Dialogue
- Read and Choose
- Now, Watch and Learn!
- My Favorite Restaurant
- My Favorite Food
- Story
- Teacher Note
- A Bad Birthday Dinner
- Activity 1: True or False
- Activity 2: Multiple Choice
- Activity 3: Rewrite the Story
- Panorama
- Manhattan, New York City, NY
- Authentic Materials
- Luigi's Italian Restaurant
- Pub and Grill Menu
- Pot Roast Recipe
- Culture
- American Dishes
- Paying the Bill
- Fast Food
- Fair Food
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 1 Assessment
- Conversation 1
- Conversation 2

Chapter 2: Staying Healthy

- Nutrition
- Exercise
- Leap into Language! Modals
- Healthy Habits
- Presentation
- How to Stay Healthy
- Now, You Try! Activities
- Fill in the Blanks
- Write and Sort
- Choose and Write
- Write a List
- Write a Paragraph
- Read and List
- Put in Order
- Write Sentences
- Think and Record
- Read and Change
- Now, Watch and Learn!
- Can, Must, and Should
- My Healthy Habits
- Story
- How Athletes and Celebrities Stay Healthy
- Activity 1: Multiple Choice
- Activity 2: Fill in the Blanks
- Activity 3: Retell the Story
- Panorama
- Santa Fe, NM
- Authentic Materials
- Healthy Eating Tips
- Good Sleep Habits
- Screen Time vs. Exercise
- Hidden Sugar
- Culture
- Snacks
- Different Lifestyles
- City Parks
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 2 Assessment
- Healthy Living Log
- Presentation

Chapter 3: Express Yourself

- My Emotions
- That Gets on My Nerves
- What Are You Scared of?
- Presentation
- Expressing Your Emotions
- Now, You Try! Activities
- Write a Sentence
- Read and Write
- Read and Match
- Look and Describe
- Write Your Feelings
- Answer the Questions
- Fill in the Blanks
- Read and Combine
- Write a Paragraph
- Write a List
- Now, Watch and Learn!
- My Emotions
- Story
- The Emotions of Colors
- Activity 1: True or False
- Activity 2: Listen and Choose
- Activity 3: Rewrite the Story
- Panorama
- Sandusky, OH
- Authentic Materials
- Gum Commercial
- Travel Pet Peeves
- A Collection of Pet Peeves
- Phobias Infographic
- Culture
- Common American Pet Peeve
- Biggest Fears
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 3 Assessment
- Conversation 1
- Conversation 2

Chapter 4: Hanging with Friends

- Making Connections
- Hanging Out
- Leap into Language! Conjunctions and Modals
- Presentation
- Making Friends
- Now, You Try! Activities
- Questions and Answers
- Fill in the Blanks
- Write Sentences
- Complete the Sentences
- Listen and Write
- WH Questions
- Answer Questions
- Write a Paragraph
- Now, Watch and Learn!
- How to Make Friends at School
- What High School Has Taught Me
- Story
- Ask Amy
- Activity 1: True or False
- Activity 2: Fill in the Blanks
- Activity 3: Retell the Story
- Panorama
- Nashville, TN
- Authentic Materials
- Be More Us Campaign
- Making Friends Survey
- How to Make New Friends
- Culture
- Sports Teams
- Getting Coffee
- Tax
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 4 Assessment
- Conversation

Chapter 5: Social Media

- Using Social Media
- Cyberbullying
- Presentation
- Social Media
- Now, You Try! Activities
- Online Activity Log
- Write a Letter
- Write a Text Message
- Write a Tweet
- Write Captions
- Answer Questions
- Make a List
- Read and Match
- Now, Watch and Learn!
- My Social Media
- Story
- The Evolution of Social Media
- Activity 1: Read and Match
- Activity 2: Multiple Choice
- Activity 3: Rewrite the Story
- Panorama
- Merritt Island, FL
- Authentic Materials
- Cyberbullying 101
- Social Media Comparison
- Delete Cyberbullying
- Culture
- Protect Yourself
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 5 Assessment
- Presentation
- Conversation

Chapter 6: Making Plans

- Let's Make Plans
- Weather and Transportation
- Leap into Language! Future Tense and Modals
- Presentations
- Making Plans
- Weather
- Now, You Try! Activities
- Complete the Dialogue
- Read and Answer
- Look and Describe
- Look, Listen, and Write
- Look and Answer
- Fill in the Blanks
- Look and Write
- Look and Record
- Describe the Weather
- Think and Write
- Now, Watch and Learn!
- Making Plans
- The Date
- Story
- Looking for the Perfect City
- Activity 1: Read and Match
- Activity 2: True or False
- Activity 3: Retell the Story
- Panorama
- Chelan, WA
- Authentic Materials
- Five-Day Weather Forecast
- Hourly Weather Report
- Making Plans Memes
- What Making Plans Is Actually Like
- People Call Their Crush
- Culture
- Using Public Transportation
- In Line
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 6 Assessment
- Conversation

Chapter 7: Let's Celebrate!

- Parties and Celebrations
- Celebrations at School
- Presentation
- Celebrations
- Now, You Try! Activities
- Write a Paragraph
- Write Invitations
- Describe Your Party
- Read and Match
- Write a List
- Plan Spirit Week
- Your Perfect Prom-posal
- Fill in the Blanks
- Write Sentences
- Now, Watch and Learn!
- School Celebrations
- Story
- Confused in the U.S.
- Activity 1: Multiple Choice
- Activity 2: Fill in the Blank
- Activity 3: Retell the Story
- Panorama
- Las Vegas, NV
- Authentic Materials
- Spirit Week Schedules
- Gift Registry
- Party Invitations
- High School Pep Rally
- Culture
- What to Wear?
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 7 Assessment
- Presentation
- Conversation

Chapter 8: Holidays

- Federal Holidays
- Cultural Holidays and Festivals
- Leap into Language! Dependent Clauses
- Presentation
- Holidays
- Now, You Try! Activities
- Fill in the Chart
- Listen and Choose
- Write a Paragraph
- Read and Match
- Read and Choose
- Think and Write
- Match the Month
- Read and Write
- Write a Letter
- Invent a Holiday
- Now, Watch and Learn!
- Celebrating Holidays
- My Favorite Holiday
- Story
- Holidays Around the World
- Activity 1: True or False
- Activity 2: Multiple Choice
- Activity 3: Rewrite the Story
- Panorama
- Detroit, MI
- Authentic Materials
- Thanksgiving 411
- Christmas by the Numbers
- Culture
- Holiday Dates
- Traditional Thanksgiving
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 8 Assessment
- Presentation

Chapter 9: Extracurricular Activities

- Sports and Clubs
- Participation
- Presentation
- Extracurricular Activities
- Now, You Try! Activities
- Write Sentences
- Write a List
- Think and Write
- Read and Choose
- Write a Paragraph
- Answer Questions
- Read and Match
- Read and Write
- Now, Watch and Learn!
- Sports and Clubs
- Story
- Pro and Con: Should Students Participate in Multiple Extracurricular Activities?
- Activity 1: Fill in the Blanks
- Activity 2: Multiple Choice
- Activity 3: Retell the Story
- Panorama
- Bradford, VT
- Authentic Materials
- Cost of High School Sports
- Culture
- Letterman Jackets
- Competitions
- National Honor Society
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 9 Assessment
- Conversation
- Presentation

Chapter 10: Community Involvement

- Volunteering and Internships
- Why Getting Involved Matters
- Leap into Language! Statements of Intent
- Presentation
- Volunteering and Internships
- Now, You Try! Activities
- Write a Tweet
- Apply to Volunteer
- Apply for an Internship
- State Your Intentions
- Read and Write
- Write a List
- Think and Write
- Now, Watch and Learn!
- Intentions
- Story
- Which Volunteer Opportunity Is Right for You?
- Activity 1: Multiple Choice
- Activity 2: Fill in the Blanks
- Activity 3: Rewrite the Story
- Panorama
- Toronto, Canada
- Authentic Materials
- Health Benefits of Volunteering
- Ways to Help Your Community
- Frederick Rescue Mission
- Clean-Water Volunteering
- Culture
- Applying for College
- Key Terms
- Key Terms Master List
- Key Terms Assessment
- Chapter 10 Assessment
- Presentation


## Glossary

- Key Terms in Alphabetical Order
- Activities
- Alphabetical Order
- Write Sentences!
- Cloze Exercise

